

SMALL PLATES

BIG taste

3 FOR £15.00 5 FOR £23.00

CRISPY KING PRAWNS 6.50

Served with a wedge of lemon and a Sriracha mayo dip
233 kcal

SPICY CHICKEN QUESADILLA 6.25

Two toasted tacos with pulled jerk chicken, tomato salsa, spring onions, coriander, sour cream and melted Cheddar cheese 429 kcal

BBQ PULLED BEEF TACOS 6.75

Two tacos filled with pulled beef rib glazed in BBQ sauce, crunchy slaw and Sriracha mayo 701 kcal

SHIITAKE MUSHROOM TACOS 6.75

Two tacos with Shiitake mushrooms. Served with crunchy slaw and Ballymaloe relish 448 kcal

SNACK NACHOS 5.95

Tortilla chips topped with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños 492 kcal

CALAMARI STRIPS 5.95

Panko crumbed calamari strips, served with a wedge of lemon and sweet chilli sauce 274 kcal

DRUNKEN MUSHROOMS* 5.75

Beer-battered mushrooms with a sour cream dip 361 kcal

HALLOUMI FRIES 6.50

Served with sweet chilli sauce 646 kcal

DIRTY TATO POPS* 5.95

Tato Pops covered in Guinness® BBQ sauce, nacho cheese, Ballymaloe relish and topped with chorizo and sour cream 789 kcal

CHEF'S FAVOURITE

CRISPY CHICKEN TENDERS 6.50

Served with sweet chilli sauce 442 kcal

CHEF'S FAVOURITE

10oz# SALT & PEPPER PRIME CHICKEN WINGS 6.50

484 kcal
With your choice of dip.

Choose from:

BLUE CHEESE +47 kcal

BUFFALO HOT +5 kcal

BBQ +47 kcal

HOT HONEY +91 kcal

CHEDDAR & JALAPEÑO DOUGHNUTS 6.25

Four crispy doughnuts filled with cheddar cheese and jalapeños, served with tomato salsa 460 kcal

COLCANNON POPPERS 6.25

Classic Irish potato croquettes served with Ballymaloe relish and topped with crispy onions 276 kcal

HOUMOUS & FLATBREAD 5.95

Topped with paprika and served with cucumber sticks 777 kcal

CHORIZO & HALLOUMI SKEWERS 6.75

Served with tomato salsa 658 kcal

GARLIC PIZZA BREAD 5.25

Our stone-baked pizza bread brushed with garlic 815 kcal

CHEESY GARLIC PIZZA BREAD 6.25

Our stone-baked garlic pizza bread topped with mozzarella 1123 kcal

SWEET TREATS

SALTED CARAMEL PROFITEROLES 4.95

Topped with caramel sauce and whipped cream 567 kcal

GRILLS & chunky chips

Chargrilled to perfection. All served with seasoned chunky chips

7oz# GAMMON STEAK 10.25

Served with a fried free-range egg, grilled pineapple and garden peas 798 kcal

DOUBLE UP TO 14oz# 12.75

CHEF'S FAVOURITE

MEGA MIXED GRILL 16.50

8oz# rump steak, 7oz# gammon steak, chicken fillet, two Irish pork & leek sausages all grilled to perfection. Served with a fried free-range egg, grilled tomato, flat mushroom and garden peas 1705 kcal

CLASSIC MIXED GRILL 13.25

Small rump steak, half a gammon steak, chicken fillet, Irish pork & leek sausage and a fried free-range egg. Served with grilled tomato, flat mushroom and garden peas 1226 kcal

8oz# RUMP STEAK 12.25

Chargrilled aged steak, seasoned with black pepper and salt. Served with grilled tomato, flat mushroom, garden peas and your choice of sauce 910 kcal

DOUBLE UP TO 16oz# 15.75

Choose a sauce:

IRISH-WHISKEY* SAUCE +67 kcal

PEPPERCORN SAUCE* +82 kcal

BBQ +47 kcal

Grill Toppers

BATTERED ONION RINGS +752 kcal +2.75

MAC 'N' CHEESE +307 kcal +2.00

CRISPY KING PRAWNS +117 kcal +2.50

Add crispy king prawns to your steak to make it a Surf & Turf

PIZZA

Our stone-baked pizzas are hand-stretched, topped and freshly baked to order, then brushed with garlic for real flavour

BBQ CHICKEN SUPREME 10.75

Spicy pulled chicken, mozzarella, red pepper and red onion on a BBQ sauce base 1227 kcal

MARGHERITA 9.50

Classic mozzarella and tomato base 980 kcal
VEGAN ALTERNATIVE AVAILABLE 843 kcal

PEPPERONI 10.95

Pepperoni and mozzarella 1396 kcal

HAM & MUSHROOM 10.75

Ham, mushroom and mozzarella 1394 kcal

CHORIZO & RED PEPPER 10.75

Chorizo, red pepper and mozzarella 1171 kcal

DOUBLE MUSHROOM 10.75

Shiitake mushroom, red pepper and flat mushroom. Served on a creamy white base 1151 kcal

MEAT FEAST 11.95

Pulled beef rib, pepperoni, spicy pulled chicken and mozzarella 1382 kcal

Dip it real good

BUTTERMILK RANCH DIP +140 kcal +1.00

HOT HONEY +91 kcal +1.00



LOOKING FOR A SANDWICH OR A SALAD? FLIP THE SCRIPT AND CHECK OUT THE BACK PAGE

Adults need around 2000 kcal a day.

BURGER Dudes

Served in a toasted brioche linseed bun with our signature burger sauce, baby gem lettuce and red onion, with a side of seasoned chunky chips

BLAZIN' BLUE

Monterey Jack cheese, Franks Redhot® Buffalo sauce, flat mushroom and blue cheese sauce. Your choice of:

BEEF	SINGLE	DOUBLE
	10.95	12.95
SGL 1112 kcal DBL 1404 kcal		
CHICKEN	SINGLE	DOUBLE
	10.95	12.95
SGL 1086 kcal DBL 1395 kcal		

CHEF'S FAVOURITE

NOTORIOUS P.I.G. 12.95

Beef patty stacked with BBQ pulled pork, melted Monterey Jack cheese and battered onion rings 1346 kcal

AMERICAN CRISPY CHICKEN TENDER 9.75

Crispy chicken tenders topped with buttermilk ranch sauce 1198 kcal

FIERY BUFFALO CHICKEN STACK 10.75

Two crispy southern-fried chicken fillets, topped with Frank's Redhot® Buffalo sauce and nacho cheese sauce 1120 kcal

CRISPY CHICKEN STACK 10.50

Two crispy southern-fried chicken fillets, topped with streaky bacon 1218 kcal

HOT HONEY CHICKEN & BACON 11.50

Two crispy southern-fried chicken fillets, drizzled with hot honey sauce and topped with streaky bacon 1204 kcal



CHORIZO & JALAPEÑO STACK 11.95

Beef patty, chorizo, jalapeños, and nacho cheese sauce, topped with a Cheddar & jalapeño doughnut 1111 kcal

THE MIGHTY GUINNESS®* 12.50

Beef patty, topped with rich Guinness BBQ sauce, layered with pepperoni, melted Monterey Jack cheese and tato pops 1336 kcal

SHIITAKE MUSHROOM 9.25

Shiitake mushrooms, topped with Violife®, flat mushroom and finished with salsa 956 kcal

CHEESE & BACON 10.75 | 12.75

Beef patty with streaky bacon and melted Monterey Jack cheese
SGL 1197 kcal | DBL 1401 kcal

UPGRADE TO TWISTER FRIES +299 kcal +1.00

Add more flavour:

+ STREAKY BACON +174 kcal	+1.00
+ BBQ PULLED BEEF RIB +293 kcal	+2.75
+ MONTEREY JACK CHEESE ① +131 kcal	+1.00
+ BATTERED ONION RINGS ① +752 kcal	+2.75
+ MAC 'N' CHEESE ① +307 kcal	+2.00
+ TATO POPS ① +189 kcal	+1.00

SIGNATURE classics

CHICKEN TIKKA MASALA 10.50

Served with mint and coriander rice, naan bread and topped with spring onion, coriander and chilli 856 kcal

STEAK & GUINNESS® PIE* 11.75

Slow-cooked beef in a Guinness and onion gravy with puff pastry, served with garden peas, gravy and mashed potato 1155 kcal

LASAGNE* 10.75

Rich beef layered with pasta and a Cheddar cheese sauce. Served with garlic bread 979 kcal

SAUSAGES & MASH* 9.25

Irish pork & leek sausages, mashed potato, garden peas and an Irish-whiskey sauce 1027 kcal

VEGETARIAN ALTERNATIVE ① 664 kcal

SMOTHERED CHICKEN 10.50

Two crispy southern-fried chicken fillets, streaky bacon, topped with melted Monterey Jack cheese and BBQ sauce. Served with seasoned chunky chips 1569 kcal

FISH & CHIPS* 10.75

Hand-battered in Irish Magners cider, served with seasoned chunky chips, tartare sauce and mushy peas 846 kcal

SCAMPI & CHIPS† 10.75

Nine pieces of wholetail scampi with a lemon wedge, seasoned chunky chips and garden peas 923 kcal

HAM, EGG & CHIPS 10.75

Thick-cut ham served with two fried free-range eggs, garden peas and seasoned chunky chips 1148 kcal

CAULIFLOWER CURRY ② 10.50

Served with mint and coriander rice, naan bread and topped with spring onion, coriander and chilli 664 kcal

MAC 'N' CHEESE ① 8.50

Macaroni in a Cheddar cheese sauce, served with garlic bread 857 kcal

Load it with:

+ BBQ PULLED BEEF RIB +293 kcal	+2.75
+ GRILLED CHICKEN FILLET +153 kcal	+2.50
+ STREAKY BACON +174 kcal	+1.00

LOADED sides

Hungry for more? Load up with a side or two

TWISTER FRIES ① 674 kcal	3.75
BATTERED ONION RINGS ① 752 kcal	2.75
GARDEN PEAS ② 159 kcal	1.00
MUSHY PEAS ② 174 kcal	1.00
DRESSED SIDE SALAD ② 196 kcal	2.75
SEASONED CHUNKY CHIPS ① 375 kcal	2.75
TATO POPS ① 378 kcal	3.75
COLESLAW ② 212 kcal	2.00
GARLIC BREAD ① 563 kcal	2.75

TEAM EFFORT sharers



MACHO NACHOS ① 9.25

Tortilla chips topped with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños 983 kcal

30oz# CHICKEN WING PLATTER 14.25

Salt & pepper prime chicken wings 1429 kcal
With your choice of three dips.
Choose from:

BLUE CHEESE +47 kcal
BUFFALO HOT +5 kcal
BBQ +47 kcal
HOT HONEY ① +91 kcal

MATCH DAY SHARER* 16.50

The winning line up of snack nachos, crispy chicken tenders, halloumi & chorizo skewers and drunken mushrooms*, served with dips 1952 kcal

WHY WAIT? ORDER & PAY AT YOUR TABLE

SARNIES & salads



All sandwiches are served with coleslaw and your choice of seasoned chunky chips (+375 kcal) or a dressed side salad (+196 kcal)

CHEESE & BALLYMALOE RELISH V 8.25
 Monterey Jack cheese and Ballymaloe relish.
 Served in a warm sourdough baguette 581 kcal
 + HAM 406 kcal

PHILLY STEAK SANDWICH 9.50
 Grilled rump steak, red onions, mushrooms
 and smothered in a cheese sauce. Served in
 a warm sourdough baguette 626 kcal

SPICY CHICKEN QUESADILLA 8.75
 Four toasted tacos with pulled jerk chicken, tomato salsa,
 spring onions, coriander, sour cream and melted
 Cheddar cheese 775 kcal

SHIITAKE MUSHROOM TORTILLA V 8.25
 Shiitake mushrooms served in a tortilla pocket, with baby
 gem lettuce, crunchy slaw and Ballymaloe relish 549 kcal

FISH FINGER SANDWICH⁺* 8.25
 Hand-battered fish goujons in Irish Magners cider,
 baby gem lettuce and tartare sauce. Served in a
 warm sourdough baguette 503 kcal

CHICKEN FILLET ROLL 8.75
 Crispy chicken tenders, baby gem lettuce, tomato and
 mayonnaise. Served in a warm sourdough baguette 663 kcal

CHICKEN GYROS TORTILLA 8.95
 Greek-style chicken served in a tortilla pocket with baby gem
 lettuce, crunchy slaw and Ballymaloe relish 564 kcal

CHEF'S FAVOURITE

CHICKEN, BACON & AVOCADO SALAD 10.50
 Grilled chicken fillet, streaky bacon, baby gem lettuce,
 cucumber, spinach and cherry tomatoes, tossed with Caesar
 dressing and served on crushed avocado 691 kcal

HOUSE SALAD V 8.50
 Baby gem lettuce, cucumber, cherry tomatoes and
 red onion, with a mix of adzuki beans & black rice
 and served on houmous 636 kcal

+ GRILLED CHICKEN FILLET 153 kcal +2.50
 + HALLOUMI V 398 kcal +2.50

SWEET treats

BAILEYS® ICE CREAM SUNDAE* 4.95
 Irish vanilla ice cream topped with
 Baileys caramel sauce 863 kcal

GUINNESS® BROWNIE* V 5.25
 Guinness enriched chocolate brownie with Irish vanilla
 ice cream and Belgian chocolate sauce 683 kcal

BRAMLEY APPLE PIE V 4.95
 Served with vegan custard 599 kcal

SALTED CARAMEL PROFITEROLES V 4.95
 Topped with caramel sauce and
 whipped cream 567 kcal

STICKY TOFFEE PUDDING V 5.25
 Served warm with Irish vanilla ice cream
 782 kcal



FINISH IN style

WHY NOT FINISH YOUR MEAL
WITH A MOJITO?

Adults need around 2000 kcal a day. V = made with vegetarian ingredients, V = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know before ordering. All calories are correct at the time of menu print. Live nutrition information is available online. *Fish dishes may contain small bones. #All weights stated are approximate and prior to cooking. *This dish contains alcohol. Prices include VAT at the current rate. All items are subject to availability.